

# IS CARING FOR YOUR AGING PARENT IN YOUR FUTURE?

Any of these are early warning signs to which you should pay attention. While you cannot prevent a crisis, paying attention to these things can help you to be prepared and perhaps start having the conversation about living conditions and needs for help.

	YES	NO
Are you dropping in to check on your parent(s) more often? Or, if you don't live close by, are you calling more often?	<input type="checkbox"/>	<input type="checkbox"/>
When you do call or visit, does your parent have more requests for help with things around the house, technology, paperwork, odd jobs?	<input type="checkbox"/>	<input type="checkbox"/>
Have you noticed things around the house that seem amiss, such as unpaid bills, a lack of cleanliness, or burnt food?	<input type="checkbox"/>	<input type="checkbox"/>
Is their driving scaring you?	<input type="checkbox"/>	<input type="checkbox"/>
Does your parent seem more reclusive or withdrawn?	<input type="checkbox"/>	<input type="checkbox"/>
Does your parent seem more forgetful or absent minded?	<input type="checkbox"/>	<input type="checkbox"/>
Have your parents' associates expressed concern? Do you have concerns?	<input type="checkbox"/>	<input type="checkbox"/>
Have they told you of any recent falls? Or have you noticed bruising or difficulty walking?	<input type="checkbox"/>	<input type="checkbox"/>
Are they missing, forgetting, or skipping medications?	<input type="checkbox"/>	<input type="checkbox"/>