

**For each of these programs, check your state or county as benefits and eligibility may vary.**



## **VA Benefits**

<https://www.ebenefits.va.gov/ebenefits/learn/healthcare>

<https://www.va.gov/health-care/family-caregiver-benefits/>

<https://www.va.gov/health-care/about-va-health-benefits/long-term-care/>

<https://www.va.gov/pension/>

<https://www.hsrdr.research.va.gov/news/feature/caregivers2021.cfm>

[https://www.hsrdr.research.va.gov/research\\_topics/caregiving.cfm](https://www.hsrdr.research.va.gov/research_topics/caregiving.cfm)

## **Medicaid**

<https://www.medicaid.gov/medicaid/home-community-based-services/index.html>

<https://www.medicaid.gov/medicaid/home-community-based-services/home-community-based-services-authorities/home-community-based-services-1915c/index.html>

## **Applied Self-Direction**

<https://www.appliedselfdirection.com/>

## **Social Security**

<https://www.appliedselfdirection.com/>



## **Database of Benefits Programs for Seniors**

<https://benefitscheckup.org/>

## **Area Agencies on Aging**

[https://eldercare.acl.gov/Public/About/Aging\\_Network/AAA.aspx](https://eldercare.acl.gov/Public/About/Aging_Network/AAA.aspx)

## **Elder Law**

<https://www.naela.org//>

## **Cost of Elder Care**

<https://www.genworth.com/aging-and-you/finances/cost-of-care.html>

## **Support for Outside Caregivers for Respite**

<https://acl.gov/programs/support-caregivers/national-family-caregiver-support-program>

## **National Care Planning Council**

[www.longtermcarelink.net](http://www.longtermcarelink.net)

## **Long Term Care Personal Support Services Agreement Department of Health and Human Services, Office for Family Independence (2011)**

[www.maine.gov/dhhs/ofid/documents/LTC-Personal-Support-Agreement.pdf](http://www.maine.gov/dhhs/ofid/documents/LTC-Personal-Support-Agreement.pdf)